



GRENADINES CRUISE



CATLANTE

CATAMARANS

GRENADINES CRUISE

THE MOST BEAUTIFUL SAILING PARK IN THE CARIBBEAN

Alone, as a couple, with family or friends,
one cabin or the whole boat.

A marvelous sailing park, the Grenadines archipelago
lends itself perfectly to catamaran cruises.

The sea is turquoise, the seabed rich in coral, sea
turtles and multicolored reef fish. Uninhabited islets in
the Tobago Cays and islands with an incomparable West
Indian ambience follow one another to the delight of
experienced and novice yachtsmen alike. A catamaran

cruise in this idyllic part of the Caribbean Sea will give
you more of a change of scenery and rest for body and
soul than a simple hotel stay. Catlante offers departures
from Martinique, which is easily accessible thanks to its
well-connected international airport.
Come aboard a large catamaran, with cabin or privatized,
for this favorite Caribbean vacation destination: a stay
dedicated to comfort, authenticity and privileged contact
with nature.
Relaxation, well-being, discovery off the beaten track,
and the greatest of all spas: the Caribbean Sea.



Palm island



Salt whistle bay

INFORMATION & BOOKING
+33 (0)1.55.20.90.90, 9am-8pm, 7 days a week
www.catlante.com



Mayreau

YOUR CRUISE DAY BY DAY

DAY 1

Martinique - Le Marin (Departure)

Meet at the Le Marin pier in southern Martinique, to board your catamaran from 6pm. You'll meet the crew and your fellow passengers over a welcome cocktail. The Captain will talk you through the cruise program and give you basic safety instructions. After dinner, you'll weigh anchor for a night sail in the Caribbean Sea: take the opportunity to relax and enjoy these moments, contemplating the starry sky before you fall asleep. During the night, you'll sail along the coast of the island of Saint Lucia, taking in the silhouettes of its majestic Deux Pitons, then the coastline of Saint Vincent, before entering the Grenadines archipelago at Bequia.

DAY 2

Béquia

A day in Bequia to enjoy the charms of the Grenadines' largest island. The French were the first settlers here in the early 18th century. Surrounded by white sandy beaches, turquoise waters and coral reefs, Bequia, with its lush hills and valleys, is an authentic tropical island. Once populated by whalers, the island has been successfully converted to tourism, with a warm welcome and festive atmosphere.

Port Elizabeth, the island's main village with its Anglo-Saxon charm, boasts a beautiful Anglican church, St. Mary's, built in 1829. Relaxing on board the boat, swimming and strolling along the beach, you'll enjoy your first moments in the Grenadines.

After a siesta, when the temperature drops a little, treat yourself to a tour of the island (extra charge). You'll discover the fishing village of Hamilton with its colorful boats, the turtle farm to the south, the small whaling museum and splendid scenery.

Dinner and overnight at anchor in Admiralty Bay.



Tobago Cays



Bequia



DAY 3 Béquia - Tobago Cays

This morning, we set sail for the Tobago Cays. After a short sail, welcome to paradise ! The monochrome of greens and blues is breathtaking, with the sky drowning in the sea and the feeling of having arrived at the end of the world. The few islets of the Tobago Cays are bordered by the most beautiful coral reef in the West Indies. Fans of snorkeling are in for a treat: the shallow barrier is teeming with fish, turtles, rays and coral. For those who have never tried snorkeling before, there's a great place to start. Be respectful: the Tobago Cays Marine Park is protected and its natural balance is fragile. So don't hit the coral, and don't pick up any shells or pieces of coral. In any case, once out of the water, dry and dead, these little natural jewels lose their pretty colors.

Between two dives, the immaculate beaches of the islets Petit Tabac, Baradal, Jamesby, Petit Rameau and Petit Bateau invite you to a soothing robinsonnade. You'll have the chance to spot iguanas basking in the sun and land tortoises. For lunch or dinner, there's the optional option of a traditional beach barbecue (surcharge) prepared by the fishermen: salads and fruit, local vegetables, fish or lobster depending on the season, but always freshly caught and cooked in front of you. A real treat ! Enjoy this Eden in the afternoon and evening. Overnight at anchor in the Tobago Cays.



DAY 4

Tobago Cays - Union - Mayreau

After breakfast in the idyllic Tobago Cays, departure for the island of Union.

Union covers 8km² and is the most mountainous island in the archipelago, with Mount Parnassus rising to 304 meters. The harbor village of Clifton is typical and lively, and popular with yachtsmen. Small shops and a pleasant market are located in the main street. Some are run by French people who settled here over twenty years ago.

The beaches of Belmont, Rich Mond and Bloody Bay and the village of Ashton are well worth a visit. Thompson Reef is a famous kite surfing spot.

In the afternoon, a one-hour sail will take you to Mayreau, 5 nautical miles away. This small island of just 4km² boasts two of the most beautiful beaches in the Caribbean: Salt Whistle Bay, a perfect arc of white sand, and Saline Bay. Discover the island's only hilltop village, Old Wall, on foot. A welcoming little bar run by Robert, a colorful Rasta, offers a refreshing break after taking in the splendid panoramic view of the archipelago.

You can also visit the pretty little Catholic church of Père Divonne, who in 1972 solved the island's water problem by equipping it with a collective water collector.

In the late afternoon, enjoy a relaxing swim on the beach before returning to your boat for dinner and the evening.



The bars on the beach at Salt Whistle Bay promise lively evenings !

Overnight at anchor in Mayreau

DAY 5

Mayreau – St.Vincent

You'll head for St. Vincent, which you'll reach by lunchtime. You'll anchor in pretty Cumberland Bay, lined with coconut palms. At this point, the boat is moored by the anchor and a rope attached to a coconut tree, preventing the boat from turning with the wind. We're sure you'll appreciate the maneuver !

In the afternoon, you can enjoy (at an additional cost) an excursion that takes you through the island's delightful villages, some of which have names reminiscent of the former French presence, and leads you to the Dark View Falls. Both cascades are easily accessible on foot, crossing the river via a suspension bridge. The setting is incredible, the vegetation more than lush - you'd think you were at the end of the world !

A small bar on Cumberland beach welcomes you (some evenings...) for an aperitif or a nightcap before returning to your catamaran.

Overnight at anchor in St. Vincent.



Église du Père François



Mayreau

DAY 6

St. Vincent – St. Lucia

Early departure for St. Lucia. This large island of volcanic origin (620km²) is all relief and covered with lush vegetation. It can be seen from afar thanks to its famous Deux Pitons, ancient lava domes on the west coast, dropping sheer into the sea.

Long disputed by the French and English, the island's cultural heritage is reflected in its history. While English is the first language, Creole and French are also spoken. You'll stop off at Soufrière Bay for a swim and lunch. In the afternoon, disembark for a tour of the island (surcharge): discover the medicinal virtues of volcanic mud and the hot springs of Sulphur Springs, the magnificent botanical garden and its landscaped pools of Diamond Falls and finish in the charming and very spiritual Maranatha Gardens. Along the way, you'll discover numerous viewpoints over the Two Pitons. Dinner and overnight at anchor in Soufrière.

DAY 7

St. Lucia – St. Anne

After breakfast, the Captain will weigh anchor and set course for the south coast of Martinique. Dolphins, pilot whales and the occasional whale are frequently seen as we cross the Canal de Sainte Lucie. Keep an eye out ! The catamaran will be moored opposite the large beach of St. Anne, just off the Pointe du Marin, for an afternoon of relaxation, shore excursions and water sports. Dinner and overnight at anchor in Sainte Anne.

DAY 8

St. Anne – Le Marin

After an early breakfast, your catamaran will weigh anchor one last time to head for the port of Le Marin. You'll be asked to leave your boat and crew at 9:00 am.



Plage de Saint Anne



Saint Vincent





Tobago cays



Palm island



Tobago cays



Mayreau



Bequia

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